REPORT SUMMARY | JUNE 29, 2021

### Report

Produced by the Centre of Excellence on Post-Traumatic Stress Disorder (PTSD) and Related Mental Health Conditions

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#### Impact Report 2020

RESPECT

This report highlights the work undertaken at the Centre of Excellence on PTSD and related mental health conditions during 2020. Through the analysis of various international research and approaches, they believe that solutions to the various issues experienced by military personnel revolve around a three-pronged approach: (1) providing access to up-to-date, reliable, and relevant information, (2) implementing what has proven its worth and investing to learn more, and (3) learn from stakeholders.

To read this report: <a href="https://santementaleancienscombattants.ca/a-propos/rapport-dimpact-2020/">https://santementaleancienscombattants.ca/a-propos/rapport-dimpact-2020/</a>

## Veterans and families set priorities for work:

The Centre of Excellence on PTSD asked members of Veterans and family reference groups to share their views on the work the Centre is involved in. They identified the following areas as top priorities.

# Military & Veteran families affected by suicidality:

A multi-faceted project that will focus discussions on military and Veteran suicide prevention on the experiences and needs of families. The final results will lead to a set of Veteran-focused recommendations and priorities for research and program and policy development.

#### Peer Support:

This project aims to provide a clear picture of the peer support programs offered in Canada and their effectiveness as part of a multi-level service and support model.

#### **Intimate Partner Violence:**

This work will provide a better understanding of the incidence of domestic violence within the military community. They can also guide future work and lead to the development of policies and programs to prevent and treat domestic violence.

#### Moral Injury outcomes scale:

This project aims to create a moral injury outcomes scale that can be used by Canadian military mental health specialists and other service providers as part of their regular treatment assessment and planning processes to guide the care provided to members and Veterans.

#### Service provider needs assessment:

Needs assessment will allow for the creation of tailored educational materials for service providers to improve the care experience for Veterans and their families.

#### Research & Knowledge gap analysis:

By guiding future research priorities, this project will help raise awareness of innovative cutting-edge PTSD research.



27 partnerships with researchers and partners from more than 35 universities and organizations. 20 of these projects involve participation from more than 50 researchers



2 research partnerships with over 30 researchers and collaborators across 3 countries



12 manuscripts submitted or accepted for publication



